

# Registration

Rate: \$40.00 (taxes included)

*Registration fee includes continental breakfast, refreshment breaks and hot buffet lunch.*

*Subsidised by Kennedy House Youth Services Inc. Kennedy House is a not for profit charitable organization providing therapeutic care to troubled youth.*

## Payment:

Cheque to be made payable to Kennedy House Youth Services Inc.

Online PayPal option available at [www.kennedyhouse.org](http://www.kennedyhouse.org)

## To Register:

email: [KHYSconference@kennedyhouse.org](mailto:KHYSconference@kennedyhouse.org)

Online: [www.kennedyhouse.org](http://www.kennedyhouse.org)

Fax: 416-299-3912

Phone: 416-299-3157

Mail: 10 Milner Business Court, Ste. 404  
Toronto, Ontario M1B 3C6

## Register Today

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Organization: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

Province: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Phone number: \_\_\_\_\_

E-mail: \_\_\_\_\_

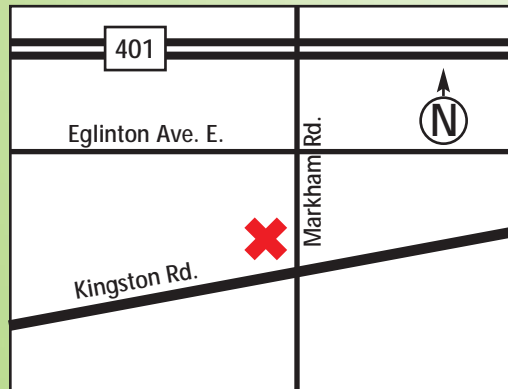
Date: Wednesday May 18th, 2011



## Location:

OSSIS Banquet Hall  
3474 Kingston Road  
Toronto, Ontario

Free Parking  
TTC Accessible  
Conveniently located in East  
Scarborough



Presents the Third Annual  
Ed Blazo Lecture Series

*A forum for service providers*



Toronto – Wednesday, May 18th, 2011  
Call 416-299-3157 for information or visit  
[www.kennedyhouse.org](http://www.kennedyhouse.org)



*Helping the youth of today  
achieve their dreams of  
tomorrow*

*The Ed Blazo Lecture Series was established by Kennedy House Youth Services Inc. in tribute to Ed Blazo, a founding director.*

## Program

8:30am Registration and Continental Breakfast

9:00am Opening Remarks

9:15am "Care for the Caregiver"  
Richard D O'Brien

10:45am Break / Refreshments

11:00am "Care for the Caregiver"  
Richard D O'Brien

12:00pm Lunch (Hot Buffet Lunch Provided)

1:00pm "A practical guide for workers dealing with difficult clients"  
Nancy N Mayer

2:30pm Break / Refreshments

2:45pm "A practical guide for workers dealing with difficult clients"  
Nancy N Mayer

4:00pm Closing Remarks



## Conference Objective

**Session one (morning)** will challenge your personal resiliency in an attempt to understand the value of caring for yourself as a professional helping others.

**Session two (afternoon)** will focus on the reality social service professionals face when working with difficult children and families. It will explore ways to stay positive and maintain a beneficial therapeutic relationship with challenging clients.

## Presentations

### Morning

#### 1. Care for the Caregiver - *Richard D. O'Brien*

This presentation will help you as a caregiver to examine your personal life manager. It will look to how well you care for your self while caring for others. It will teach the capacities of reflection, renewal and refocusing. This presentation will also demonstrate the eight principles in the personal credo of a caregiver. Caregivers frequently get so caught up in caring for others that they forget to care for themselves. This presentation deals with the fundamental principle that: "The caregiver who cares for themselves first, has wisdom for a compass and character for a client." Taking good care of you then is taking good care of others.

### Afternoon

#### 2. A practical guide for workers dealing with difficult clients - *Nancy N. Mayer*

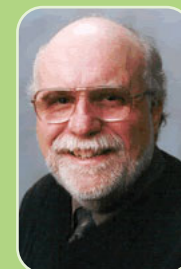
We are challenged to help children and families with many serious issues and problems. Our clients' styles of coping and their resultant behaviour will stir up powerful feelings in the staff who try to help them. It is our professional responsibility to respond to clients in a manner that is not only compassionate but also helpful. This workshop will explore ways workers can successfully deal with their own feelings in order to be effective with difficult clients.

## Speakers

### *Richard D. O'Brien MA.Sc*

[www.theresilientjourney.com](http://www.theresilientjourney.com)

Dick O'Brien is a professional speaker and a consultant in human relations. He has been a therapist and a trainer for 31 years. Mr. O'Brien has held senior management positions in government and for the past fifteen years, he has been assisting corporations, school boards, hospitals and police departments with issues of stress, wellness, counselling and leadership.



He has been in the seminary, a truck driver, an elementary teacher, director of a heroin treatment centre, an alcoholism counsellor, a university instructor, a marriage counsellor and deputy superintendent of a juvenile corrections centre.

For the past 30 years he has been conducting trainings in Wellness, Leadership and Stress Management based on the universal principles of wisdom of the past 5000 years.

### *Nancy N. Mayer M.S.W., R.S.W.*

[www.ckmconsultation.com](http://www.ckmconsultation.com)

Nancy holds a Masters Degree in Social Work and is a Registered Social Worker. For over 30 years she has developed her expertise as a clinician, supervisor, trainer and consultant in the areas of child sexual abuse, adult survivors of trauma, secondary trauma, clergy misconduct and abuse, workplace issues, clinical supervision and organizational change. Nancy co-ordinates the Professional Assistance Counselling Program that provides services to professionals who are struggling with workplace related stress and secondary trauma. She is a partner in the group practice of Crisci and Mayer.

